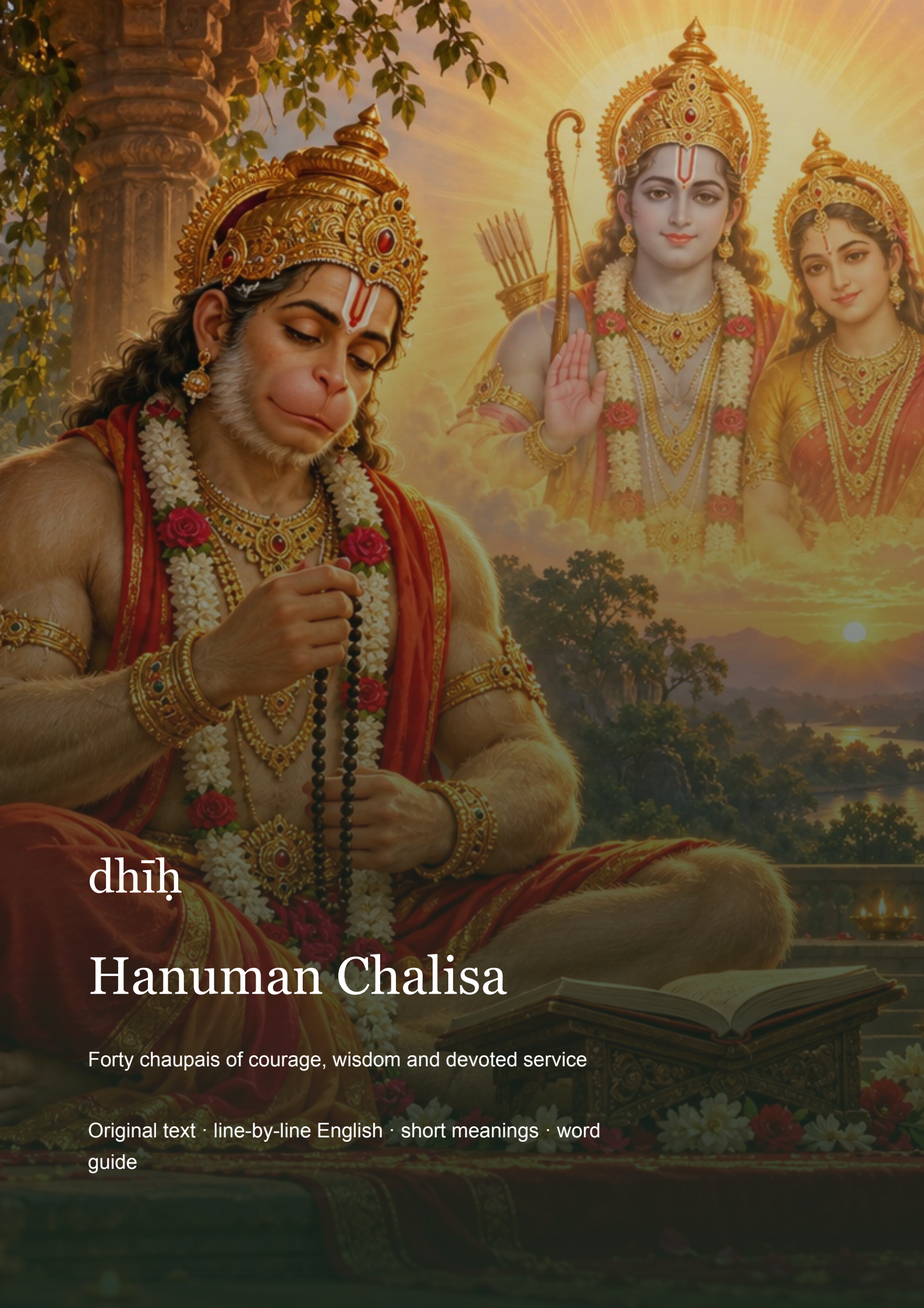


dhīḥ

Hanuman Chalisa

Forty chaupais of courage, wisdom and devoted service

Original text · line-by-line English · short meanings · word guide

Reading note. The original-language text is presented in full as a traditional or public-domain devotional work. Display punctuation and line breaks are normalized for screen reading. The ordered line senses and short meanings are original DHIH AI-assisted prose prepared for accessible devotional reading. They are not copied from the comparison source and do not claim to be a critical or word-for-word scholarly translation. English meanings are original DHIH editorial prose; see the website for complete source and review notes.

Section 1

श्रीगुरु चरन सरोज रज, निज मनु मुकुरु सुधारि ।

With the dust of the revered guru's lotus feet, I cleanse the mirror of my mind.

बरनऊँ रघुबर बिमल जसु, जो दायकु फल चारि ॥

I describe the stainless glory of Rama, which bestows the four aims of life.

SHORT MEANING

The poet begins by seeking the guru's grace and dedicating the hymn to Rama's purifying glory.

WORD GUIDE

श्रीगुरु śrīguru - the revered teacher

चरन सरोज रज carana saroja raja - dust of the lotus feet

मनु मुकुरु manu mukuru - the mirror of the mind

सुधारि sudhāri - having cleansed or polished

बिमल जसु bimala jasu - stainless glory

फल चारि phala cāri - the four aims of life

Section 2

बुद्धिहीन तनु जानिके, सुमिरौं पवन-कुमार ।

Knowing my understanding to be limited, I remember the son of the Wind.

बल बुधि विद्या देहु मोहिं, हरहु कलेस बिकार ॥

Grant me strength, wisdom and knowledge, and remove my troubles and faults.

SHORT MEANING

Tulsidas humbly invokes Hanuman for strength, clear understanding and freedom from inner affliction.

WORD GUIDE

बुद्धिहीन buddhihīna - lacking understanding

पवन-कुमार pavana-kumāra - son of the Wind; Hanuman

बल बुधि विद्या bala budhi vidyā - strength, wisdom and knowledge

कलेस बिकार kalesa bikāra - afflictions and faults

Section 3

जय हनुमान ज्ञान गुन सागर ।

Victory to Hanuman, ocean of wisdom and virtue.

जय कपीस तिहुँ लोक उजागर ॥

Victory to the lord of the vanaras, whose fame illumines the three worlds.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

WORD GUIDE

ज्ञान गुन सागर jñāna guna sāgara - ocean of wisdom and virtue

कपीस kapīsa - lord of the vanaras

तिहुँ लोक tihuṁ loka - the three worlds

उजागर ujāgara - illustrious or illuminating

Section 4

रामदूत अतुलित बल धामा ।

You are Rama's messenger and the abode of incomparable strength.

अंजनि-पुत्र पवनसुत नामा ॥

You are known as Anjani's son and the son of the Wind.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 5

महाबीर बिक्रम बजरंगी ।

Great hero, mighty and strong as the thunderbolt.

कुमति निवार सुमति के संगी ॥

You remove distorted thinking and accompany noble understanding.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 6

कंचन बरन बिराज सुबेसा ।

Your golden-hued form shines in beautiful attire.

कानन कुंडल कुंचित केसा ॥

Earrings adorn your ears and your hair is curled.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 7

हाथ बज्र औ ध्वजा बिराजै ।

The thunderbolt and banner shine in your hands.

काँधे मूँज जनेऊ साजै ॥

A sacred thread of munja grass rests upon your shoulder.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 8

शंकर सुवन केसरी नंदन ।

You are called Shiva's manifestation and Kesari's son.

तेज प्रताप महा जग बंदन ॥

Your splendour and power are revered throughout the world.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 9

विद्यावान गुनी अति चातुर ।

You are learned, virtuous and exceedingly wise.

राम काज करिबे को आतुर ॥

You are always eager to carry out Rama's work.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 10

प्रभु चरित्र सुनिबे को रसिया ।

You delight in hearing the deeds of the Lord.

राम लखन सीता मन बसिया ॥

Rama, Lakshmana and Sita dwell within your heart.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 11

सूक्ष्म रूप धरि सियहिं दिखावा ।

Taking a subtle form, you appeared before Sita.

बिकट रूप धरि लंक जरावा ॥

Taking a formidable form, you burned Lanka.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 12

भीम रूप धरि असुर सँहारे ।

Taking a terrifying form, you destroyed the demons.

रामचंद्र के काज सँवारे ॥

You brought Rama's mission to successful completion.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 13

लाय सजीवन लखन जियाए ।

You brought the life-restoring herb and revived Lakshmana.

श्रीरघुबीर हरषि उर लाए ॥

Delighted, heroic Rama embraced you to his heart.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 14

रघुपति कीन्ही बहुत बड़ाई ।

Rama praised you greatly.

तुम मम प्रिय भरतहि सम भाई ॥

He said: you are as dear to me as my brother Bharata.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 15

सहस बदन तुम्हरो जस गावैं ।

A thousand mouths sing your glory.

अस कहि श्रीपति कंठ लगावैं ॥

Saying this, Rama drew you into an embrace.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 16

सनकादिक ब्रह्मादि मुनीसा ।

Sanaka and the sages, Brahma and the great seers praise you.

नारद सारद सहित अहीसा ॥

So do Narada, Saraswati and Shesha.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 17

जम कुबेर दिगपाल जहाँ ते ।

Yama, Kubera and the guardians of the directions honour you.

कबि कोबिद कहि सके कहाँ ते ॥

How could even poets and scholars fully describe your glory?

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 18

तुम उपकार सुग्रीवहिं कीन्हा ।

You rendered great service to Sugriva.

राम मिलाय राज पद दीन्हा ॥

You united him with Rama, through whom he regained his kingdom.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 19

तुम्हरो मंत्र बिभीषन माना।

Vibhishana accepted your counsel.

लंकेश्वर भए सब जग जाना॥

The whole world knows that he became lord of Lanka.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 20

जुग सहस्र योजन पर भानू।

The sun was thousands of yojanas away.

लील्यो ताहि मधुर फल जानू॥

As a child, you leapt toward it, thinking it a sweet fruit.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 21

प्रभु मुद्रिका मेलि मुख माहीं ।

Holding Rama's ring safely in your mouth.

जलधि लाँघि गए अचरज नाहीं ॥

You crossed the ocean; for you, that was no wonder.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 22

दुर्गम काज जगत के जेते ।

However difficult the world's tasks may be.

सुगम अनुग्रह तुम्हरे तेते ॥

They become easy through your grace.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 23

राम दुआरे तुम रखवारे ।

You guard the doorway to Rama.

होत न आज्ञा बिनु पैसारे ॥

No one enters without your permission.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 24

सब सुख लहै तुम्हारी सरना ।

Those who seek your refuge receive every true happiness.

तुम रक्षक काहू को डरना ॥

With you as protector, whom need they fear?

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 25

आपन तेज सम्हारो आपै ।

Only you can contain your own immense radiance.

तीनों लोक हाँक तें काँपै ॥

The three worlds tremble at your mighty call.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 26

भूत पिशाच निकट नहिं आवै ।

Malevolent spirits do not draw near.

महाबीर जब नाम सुनावै ॥

When the name of mighty Hanuman is spoken.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 27

नासै रोग हरै सब पीरा ।

Illness is dispelled and suffering is removed.

जपत निरंतर हनुमत बीरा ॥

For one who continually repeats the name of heroic Hanuman.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 28

संकट तें हनुमान छुड़ावै ।

Hanuman releases one from hardship.

मन क्रम बचन ध्यान जो लावै ॥

When one directs mind, action and speech toward him.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 29

सब पर राम तपस्वी राजा ।

Rama, the ascetic king, is supreme over all.

तिन के काज सकल तुम साजा ॥

You brought all of his undertakings to completion.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 30

और मनोरथ जो कोई लावै ।

Whoever brings a sincere wish before you.

सोइ अमित जीवन फल पावै ॥

Receives abundant fruit in life.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 31

चारों जुग परताप तुम्हारा ।

Your glory extends through all four ages.

है परसिद्ध जगत उजियारा ॥

Your fame is known everywhere and illumines the world.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 32

साधु संत के तुम रखवारे ।

You protect sages and saints.

असुर निकंदन राम दुलारे ॥

Destroyer of evil, you are beloved of Rama.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 33

अष्ट सिद्धि नौ निधि के दाता ।

You can bestow the eight attainments and nine treasures.

अस बर दीन जानकी माता ॥

Mother Janaki granted you this blessing.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 34

राम रसायन तुम्हरे पासा ।

You hold the life-giving essence of devotion to Rama.

सदा रहो रघुपति के दासा ॥

You remain forever the servant of Raghupati.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 35

तुम्हरे भजन राम को पावै ।

Through devotion to you, one reaches Rama.

जनम जनम के दुख बिसरावै ॥

And the sorrows of many births are forgotten.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 36

अंतकाल रघुबर पुर जाई ।

At life's end, the devotee goes to Rama's abode.

जहाँ जन्म हरिभक्त कहाई ॥

And, if born again, is known as a devotee of Hari.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 37

और देवता चित्त न धरई ।

The mind need not seek support in other powers.

हनुमत सेइ सर्ब सुख करई ॥

Serving Hanuman brings every wholesome good.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 38

संकट कटै मिटै सब पीरा ।

Hardships fall away and suffering is eased.

जो सुमिरै हनुमत बलबीरा ॥

For one who remembers strong and heroic Hanuman.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 39

जै जै जै हनुमान गोसाईं ।

Victory, victory, victory to Lord Hanuman.

कृपा करहु गुरुदेव की नाईं ॥

Show your grace as a revered teacher would.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 40

जो सत बार पाठ कर कोई ।

Whoever recites this a hundred times.

छूटहि बंदि महा सुख होई ॥

Is freed from bondage and receives deep happiness.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 41

जो यह पढ़ै हनुमान चालीसा ।

Whoever reads this Hanuman Chalisa.

होय सिद्धि साखी गौरीसा ॥

Attains fulfilment; Lord Shiva is invoked as witness.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 42

तुलसीदास सदा हरि चेरा ।

Tulsidas is forever the servant of Hari.

कीजै नाथ हृदय महँ डेरा ॥

O Lord, make your dwelling in his heart.

SHORT MEANING

This chaupai praises Hanuman's devotion, courage and service, inviting the reader to trust those qualities in times of difficulty.

Section 43

पवनतनय संकट हरन, मंगल मूरति रूप ।

O son of the Wind, remover of distress and embodiment of auspiciousness.

राम लखन सीता सहित, हृदय बसहु सुर भूप ॥

Dwell in my heart together with Rama, Lakshmana and Sita, O noble lord.

SHORT MEANING

The closing prayer asks Hanuman, with Rama, Sita and Lakshmana, to remain present in the devotee's heart.

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